



FOR RELEASE BEFORE March 12, 2011

**First Woman-Owned Muay Thai Kickboxing School in Ocean and Monmouth County area celebrates 2 years.**

*Toms River, NJ – Local Woman Owned Co-ed Muay Thai Kickboxing School celebrates 2 years in business. There will be an open house held at Muay Thai Dragon Martial Arts in celebration for this milestone on March 12<sup>th</sup> and 13<sup>th</sup> from 1:00 PM to 4:00 PM.*

**Dianna LaVecchia**, owner of **Muay Thai Dragon Martial Arts, LLC** opened her school in Toms River, NJ on March 12, 2009. Dianna has been training in Muay Thai kickboxing for over 10 years now and is grateful to have the opportunity to share her training and knowledge with all of her dedicated students and their families.

The opportunity to open her own school presented itself two years ago when the school she had been training and teaching at had to suddenly close its doors. Since then, Dianna has worked hard to build her own school. Her dream is to make her school a place where her students come to learn self-defense, lose weight, build self-confidence, encourage others, vent stress, whatever it is that they need learning the art Muay Thai Kickboxing to do for them.

At Muay Thai Dragon all students are welcome no matter what their fitness level or goals are. MTD is a goal oriented school. The students are welcome to share their goals with the instructors in order to allow the instructors to help them meet those goals. Whether it is losing weight for a special occasion, looking to just get fit for overall health and well-being or to learn self-defense or even step into the ring.

**Dianna and her husband Rob** have developed a schedule that appeals to everyone. **Muay Thai Dragon Martial Arts is open 7 days a week** with multiple time slots for everyone. They have put together a top notch kids program where the kids can learn self-defense and self-confidence while learning discipline and getting exercise.

Despite the growing concerns for the economy today, Dianna and her husband feel they are doing the right thing. Muay Thai Kickboxing has become a growing interest in our area and by offering a place where everyone can feel comfortable training is their number one priority.

Muay Thai Dragon offers the most flexible schedule in the area even offering classes every Saturday and Sunday morning. Their prices promise to be reasonable and there are no contracts at this time. Students are encouraged to try their program for **2 weeks absolutely FREE**.

LaVecchia say; **"I want students to be here because they want to be here, not because they signed a contract or have to be here."**

**Muay Thai Dragon Martial Arts** can be found on the worldwide web at [www.tomsriverkickboxing.com](http://www.tomsriverkickboxing.com). Or [www.muaythaifit.com](http://www.muaythaifit.com)

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