









MUAY THAI DRAGON CLASS SCHEDULE

(732) 288-0102

Effective: February 1, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 AM ZUMBA® Fitness	8:30 AM ZUMBA® Fitness			
10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM ZUMBA® Fitness	10:00 AM Adult Muay Thai
	11:30 AM Adult Kali		11:30 AM Adult Kali	11:30 AM Adult Kali		11:30 AM Adult Kali
		4:00 PM Teen Muay Thai	4:30 PM Kids Muay Thai	4:00 PM Teen Muay Thai	5:00 PM Kids Muay Thai	3:00 PM ZUMBA® Fitness
	5:00 PM Kids Muay Thai	5:00 PM Kids Muay Thai	5:30 PM Teen Muay Thai	5:00 PM Kids Muay Thai	6:00 PM Adult Muay Thai	
	5:45 PM Teen Muay Thai	6:00 PM Adult Muay Thai	6:30 PM Adult Muay Thai	6:00 PM Adult Muay Thai	7:00 PM Adult Kali	
	6:45 PM Adult Muay Thai	7:00 PM Adult Sparring	7:30 PM Adult Kali	7:00 PM Adult Sparring	8:00 PM ZUMBA® Fitness	
Color Legend:	 Adult Muay Thai	 Kids Muay Thai	 Adult Kali	 ZUMBA® Fitness	 Teen Muay Thai	 Adult Sparring