



# MUAY THAI DRAGON CLASS SCHEDULE

**(732) 288-0102**

Effective: February 1, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 AM ZUMBA® Fitness	8:30 AM ZUMBA® Fitness			
10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM Adult Muay Thai	10:00 AM ZUMBA® Fitness	10:00 AM Adult Muay Thai
	11:30 AM Adult Kali		11:30 AM Adult Kali	11:30 AM Adult Kali		11:30 AM Adult Kali
		4:00 PM Teen Muay Thai	4:30 PM Kids Muay Thai	4:00 PM Teen Muay Thai	5:00 PM Kids Muay Thai	TBD ZUMBA® Fitness
	5:00 PM Kids Muay Thai	5:00 PM Kids Muay Thai	5:30 PM Teen Muay Thai	5:00 PM Kids Muay Thai	6:00 PM Adult Muay Thai	
	5:45 PM Teen Muay Thai	6:00 PM Adult Muay Thai	6:30 PM Adult Muay Thai	6:00 PM Adult Muay Thai	7:00 PM Adult Kali	
	6:45 PM Adult Muay Thai	7:00 PM Adult Sparring	7:30 PM Adult Kali	7:00 PM Adult Sparring	8:00 PM ZUMBA® Fitness	
Color Legend:	Adult Muay Thai	Kids Muay Thai	Adult Kali	ZUMBA® Fitness	Teen Muay Thai	Adult Sparring